



USERGUIDE

The Bathmate Hydropump is an external penile rigidity device which uses vacuum technology to create sufficient penile rigidity required for sexual intercourse. Please read the following instructions carefully.

#### **BEFORE GETTING STARTED**

### **Important Safety Warnings:**

- Consult your doctor before using this device if you have any of the following: Symptoms of erectile dysfunction, diabetes, multiple sclerosis, cirrhosis of the liver, chronic renal failure, alcoholism, increased heart or respiration rates, heart or lung disease, high blood pressure, stroke, epilepsy, urinary disorder (e.g. kidney, bladder or genital problems) or leukaemia.
- Do not use this device if:
  - You suffer from sickle cell disease.
  - You have a history of prolonged erections.
  - You suffer from any bleeding disorders or are currently taking any blood thinning medication such as aspirin.
- The Hydropump is intended for use by a single user.
- Bathmate Hydropumps are intended for use in water, therefore the use of any lubricant with this device is not advised.
- You must have full use of your hands, with the strength to operate the vacuum release mechanism. Decreased hand strength may make the safe removal of this device difficult.
- You need to be in control of the product at all times, avoid falling asleep while using the Hydropump.
- Do not use this device whilst under the influence of alcohol or drugs as this may impair your judgement and increase the risk of injury to your penis.
- You must never use this device if you have a decreased sensation of pain in the area of the penis as this could impair your ability to detect any potential injury caused by the device.
- The use of a vacuum pump may bruise or rupture the blood vessels within the penis or scrotum, resulting in petechiae, hemorrhage, or the formation of a hematoma.
- The use of a vacuum pump may aggravate pre-existing conditions such as Peyronie's disease, priapism and urethral strictures.
- Misuse of this device could lead to injury of the penis.
- If severe pain or discomfort occurs discontinue use immediately and consult your doctor.

#### **GETTING STARTED**

#### Recommended Use

In order to obtain optimum benefit from the Hydropump and to avoid inappropriate use which may cause discomfort, you are strongly advised to follow the instructions as outlined below:

BEFORE FIRST USE: Wash your hydropump using warm, clean soapy water and rinse thoroughly.

- Ensure your pubic area is reasonably well trimmed. This will facilitate the vacuum seal against the pelvic seat.
- A relaxation period of a few minutes in a warm shower or bath is required to allow the testicles to soften, allowing them to remain free from the sealing area thereby avoiding any discomfort.
- Apply only the minimum amount of vacuum pressure necessary to achieve an erection. Excessive vacuum pressure and over vigorous pumping may result in bruising or injury to the penis.
- To benefit the most in erection hardness and optimal blood flow, it is best to remove the device every 2-3 minutes and allow the penis to retract. Massage the penis in the flaccid state for 2 minutes, then re apply the device and repeat the process. You should do this a maximum of 3 times in any 15 minute session.
- Do not use the Hydropump for more than 15 minutes in any period of 24 hours.

# **How the Hydropump works**

The Hydropump functions by creating a vacuum seal against the pubic area of the user, enclosing the flaccid penis. When the pump is pushed downwards against the body, the bellows compress and water is ejected from the end of the pump via the open valve. When released the bellows expand and the valve closes, creating a partial vacuum inside the pump. This causes the penis to expand and fill with blood, creating an erection. Re pumping increases the vacuum, and so increases the size of the erection.

The user controls the level of vacuum by depressing the valve inwards against the spring, opening the valve and allowing air or water back into the body of the pump, thereby partially or fully releasing the vacuum.

The vacuum in Bathmate Hydropumps is created by the elastic recoil strength of the bellows pump, so the user cannot exceed the safe partial vacuum levels allowed under European and USA medical regulations.

#### **IMPORTANT**

The black pip on the top of the valve is moved by pressing inwards and moving to the right or left, where it should "click" into position closing the valve. The closed position should only be used whilst filling the Hydropump with water in the shower. At all other times the black pip should be in the central (open) position. Failing to ensure that the black pip is in the central position will prevent the Hydropump from operating correctly.

# **Using your Hydropump in the Shower**

- 1. Relax in the Shower for a few minutes.
- 2. Lock the valve by rotating the valve cap clockwise.
- 3. Push the black pip into the closed position with your finger, remove the comfort insert (to prevent trapped air) then invert the Hydropump under the shower head until full of water.
- 4. Replace the comfort insert.
- 5. Place the Hydropump over your flaccid penis tight up to your pelvic seat with the black pip in the closed position. The chamfer can be positioned facing either upwards or downwards depending on your level of comfort.
- 6. Make a seal against your body, ensuring that the positioning is comfortable and that your testicles are well clear.
- 7. With the Hydropump angled slightly upwards, open the valve by pushing the black pip to the central position and commence pumping.
- 8. Ensure that the black pip is in the central (open) position when pumping.
- 9. Pump slowly and evenly until the bellows remain depressed, indicating that optimal vacuum has been achieved.
- 10.To increase the vacuum further and for more control, use the hand ball pump either with the hose or connected direct to the pump. Please note, the fit between the handball pump and the Hydropump valve is designed to be a non permanent connection. For this reason the handball should be held in position whilst in use, and removed when optimum vacuum is achieved. If a more permanent connection is desired, please use the hose connector.
- 11. Ensure you follow the recommended instructions.
- 12.To remove the Hydropump, unlock the valve by rotating the valve cap anti-clockwise and release the vacuum by depressing the valve cap inwards to activate the quick-release mechanism and slide the Hydropump off your penis.

# Using your Hydropump in the bath

- 1. Relax in the bathtub for a few minutes.
- 2. Remove the comfort insert (to prevent trapped air) and fill the Hydropump with bathwater.
- 3. Replace the comfort insert.
- 4. Place the Hydropump over your flaccid penis tight up to your pelvic seat with the black pip in the central (open) position. The chamfer can be positioned facing either upwards or downwards depending on your level of comfort.
- 5. Make a seal against your body, ensuring that the positioning is comfortable and that your testicles are well clear.
- 6. With the Hydropump angled slightly upwards, ensure that the black pip is in the central (open) position and commence pumping.
- 7. Ensure that the black pip is in the central (open) position when pumping.
- 8. Pump slowly and evenly until the bellows remain depressed, indicating that optimal vacuum has been achieved.
- 9. To increase the vacuum further and for more control, use the hand ball pump either with the hose or connected direct to the pump. Please note, the fit between the handball pump and the Hydropump valve is designed to be a non permanent connection. For this reason the handball should be held in position whilst in use, and removed when optimum vacuum is achieved. If a more permanent connection is desired, please use the hose connector.
- 10. Ensure you follow the recommended instructions.
- 11. To remove the Hydropump, unlock the valve by rotating the valve cap anti-clockwise and release the vacuum by depressing the valve cap inwards to activate the quick-release mechanism and slide the Hydropump off your penis.

#### Cleaning and Maintenance

Wash out your Hydropump with warm soapy water and rinse thoroughly. Allow your Hydropump to dry and store in a dry place away from direct sunlight.

#### **Customer Care & Warranty**

The Bathmate Hydropump is designed to provide many years of trouble free use. It is covered by a two year warranty against defective parts or poor workmanship. Customer care and full details of the warranty can be seen at: www.bathmatedirect.com/support

In the unlikely event of a warranty claim, DX Products Ltd reserves the right to request the return of the Hydropump or provision of evidence of damage.

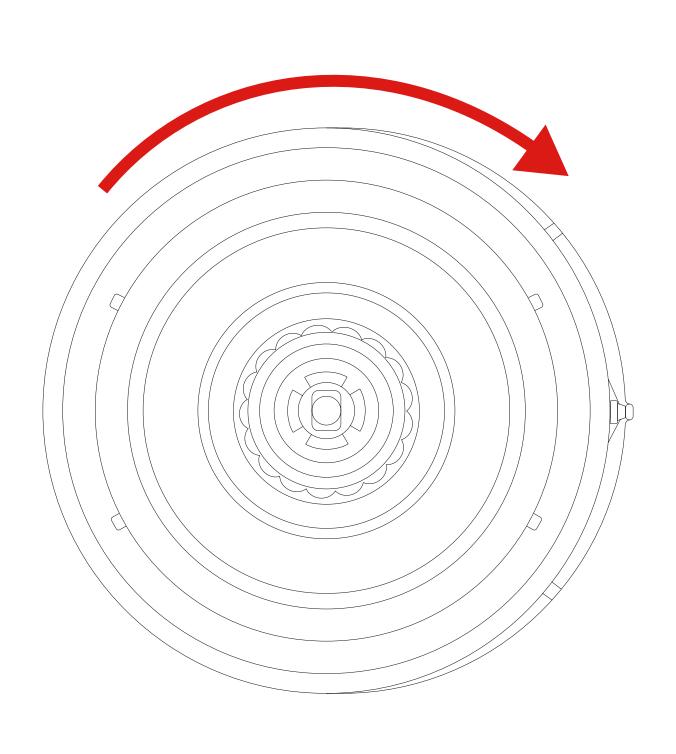
## **Product Identification Code (PID)**

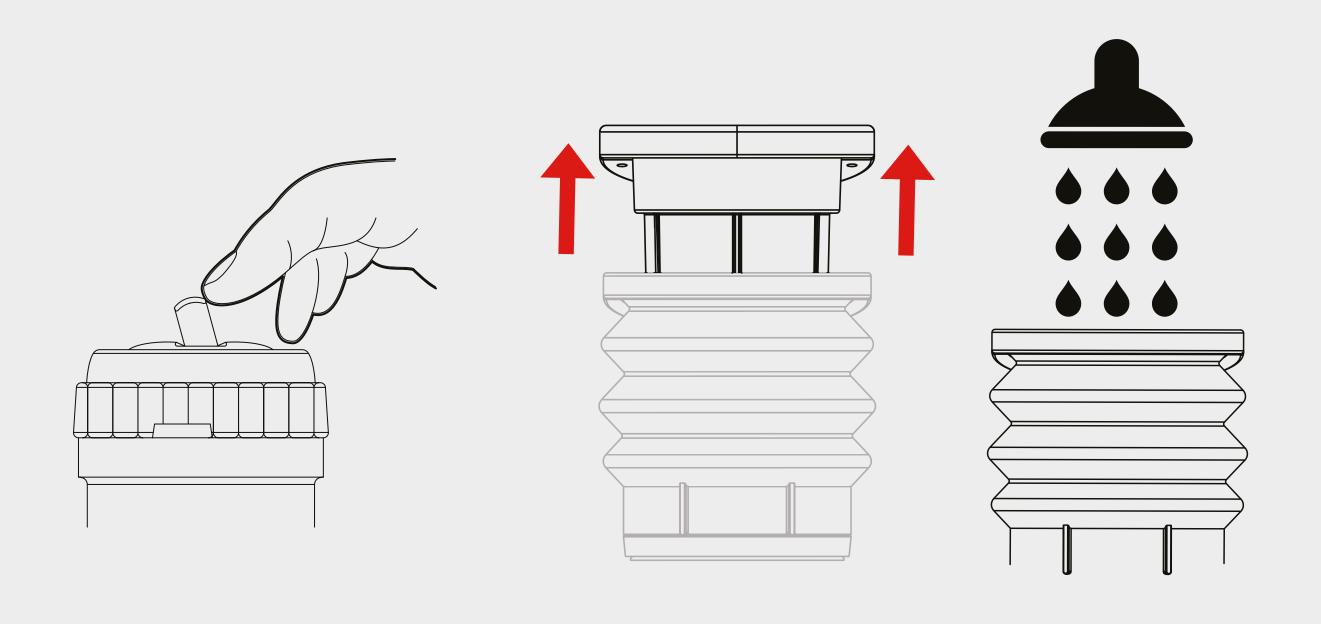
DX Products Ltd uses an identification code for all products. Bathmate Hydropumps carry a unique 6 letter PID code, which you will find on the label of your hydropump. This code is your assurance of authenticity and proof that you are buying a genuine product not an inferior counterfeit copy. Please use your PID to authenticate your product and register your warranty online at our website: www.bathmatedirect.com/support

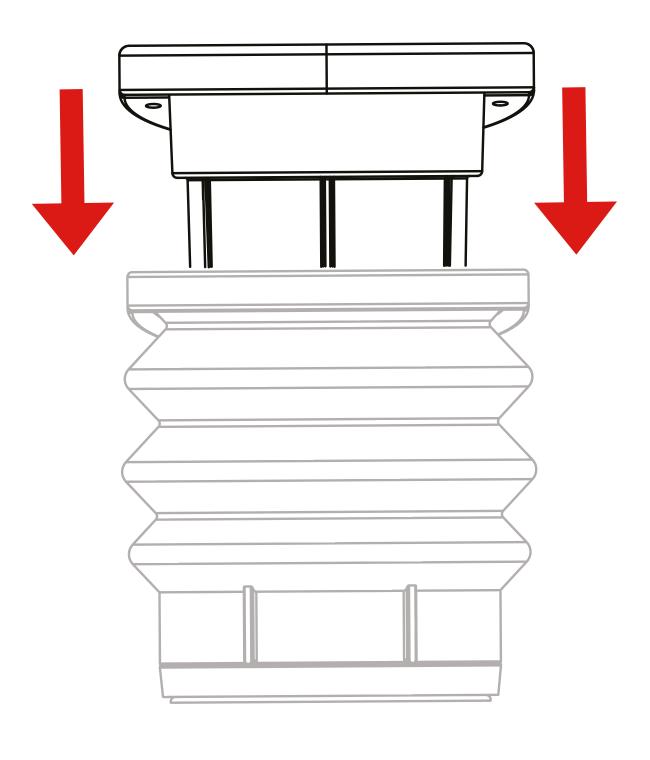
# **Troubleshooting Guide**

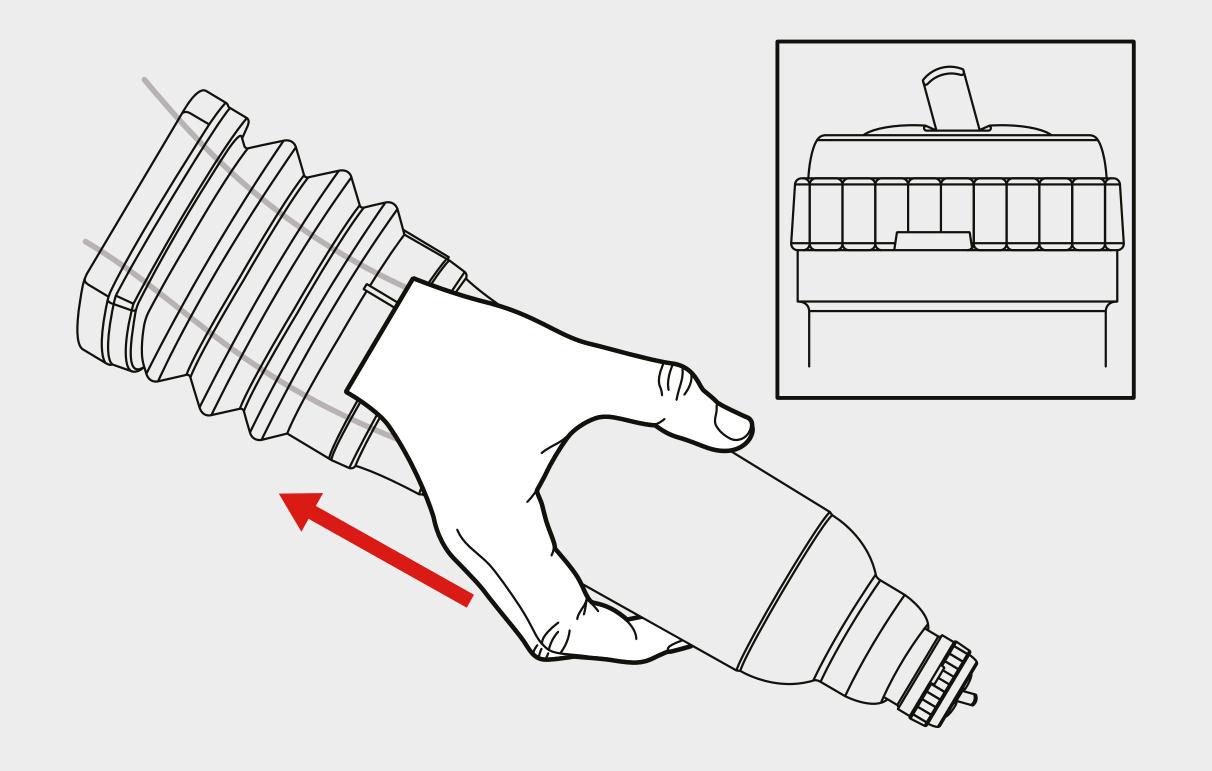
PROBLEM	LIKELY CAUSE	REMEDY	COMMENTS
No erection / Partial erection	No vacuum because of air leak caused by poor seal	Ensure pubic hair is reasonably well trimmed; remove and clean valve	Problem is most often associated with inexperience; it resolves as you become more adept at using the device
Pulling of the skin of the scrotum	Testicles too close to sealing area	Allow testicles to soften by relaxing in a warm bath or shower for a few minutes before pumping	Contact customer support if problem persists: support@bathmatedirect.com
DISCOMFORT OR PAIN			
During pumping	Too rapid pumping; pulling of scrotal tissue	Slower pumping; continue to use device	Problem usually resolves as you become more adept at using the device
Redness, irritation or bruising	Too rapid pumping; over pumping	Slower pumping; fewer pumps	Consult your doctor if this problem persists past the first few practice sessions

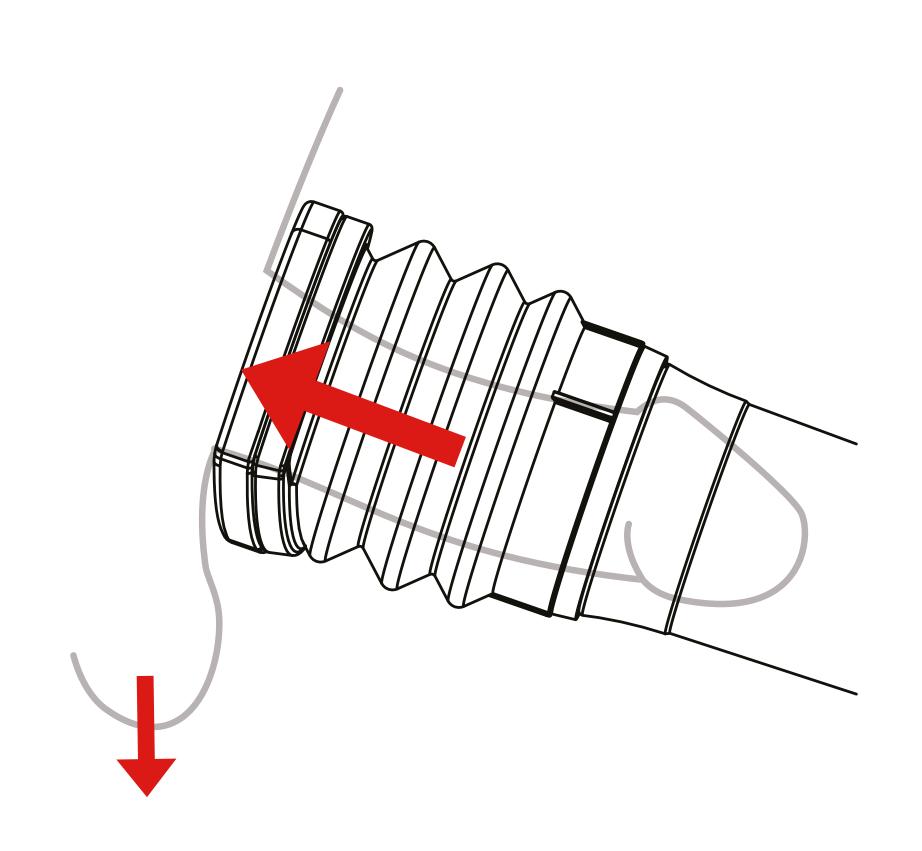


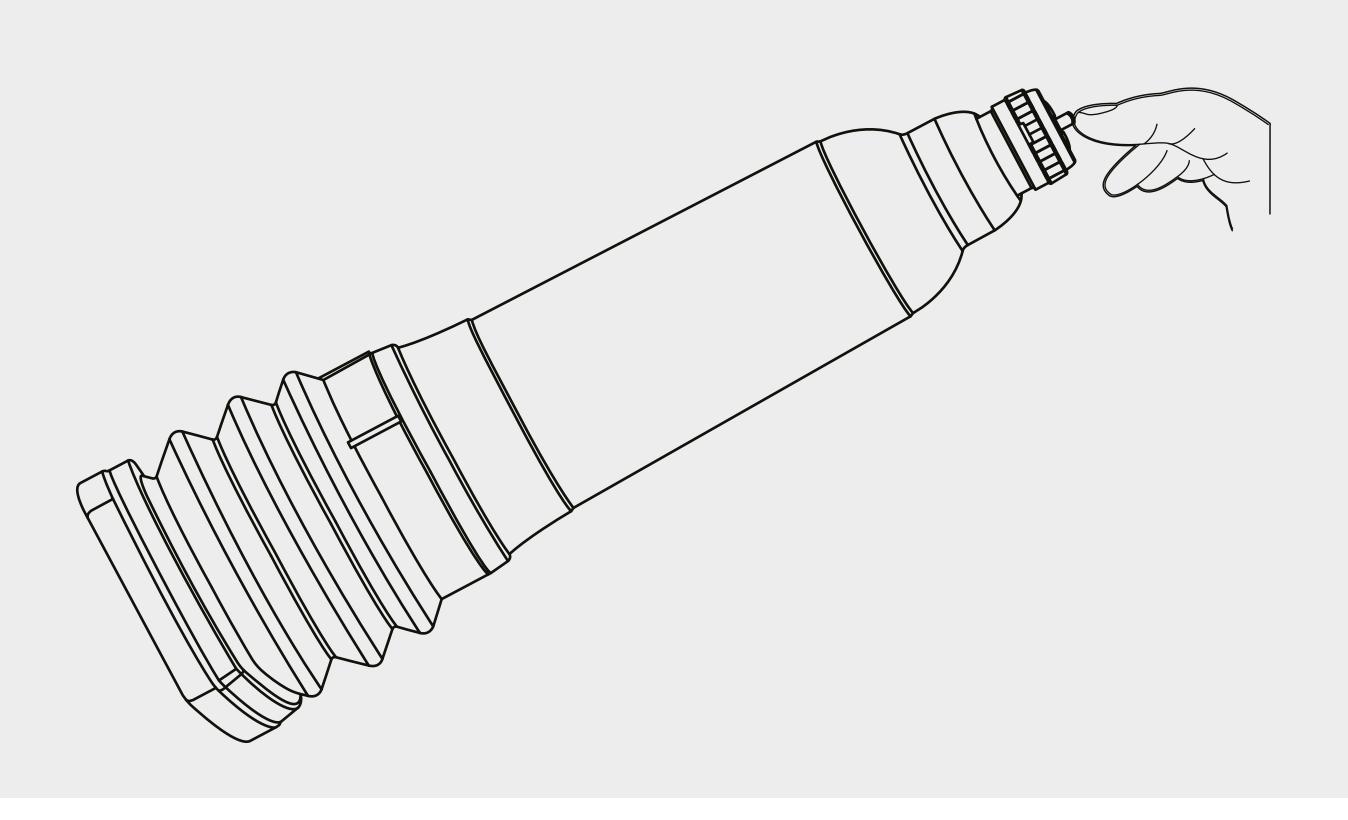


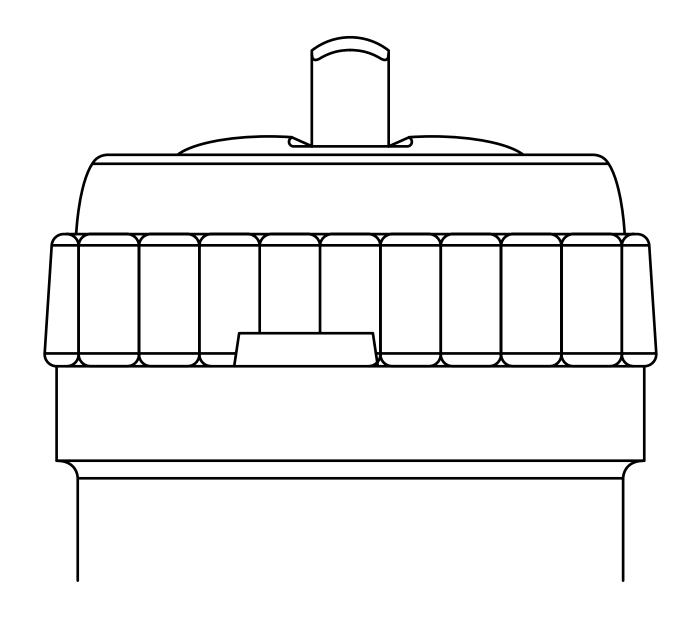


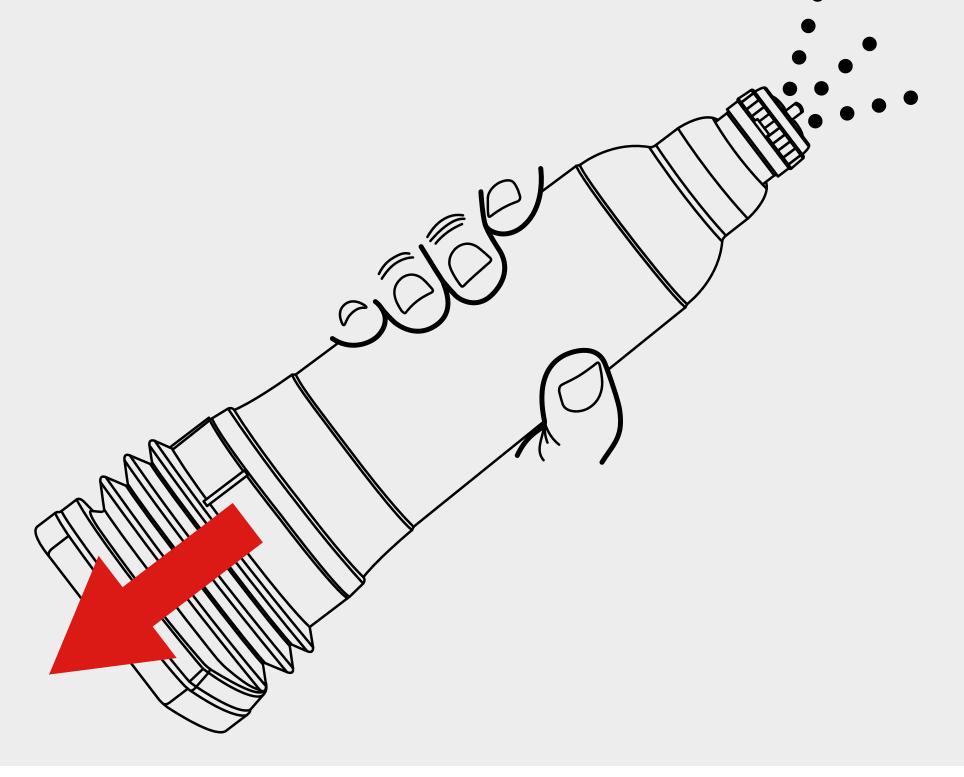


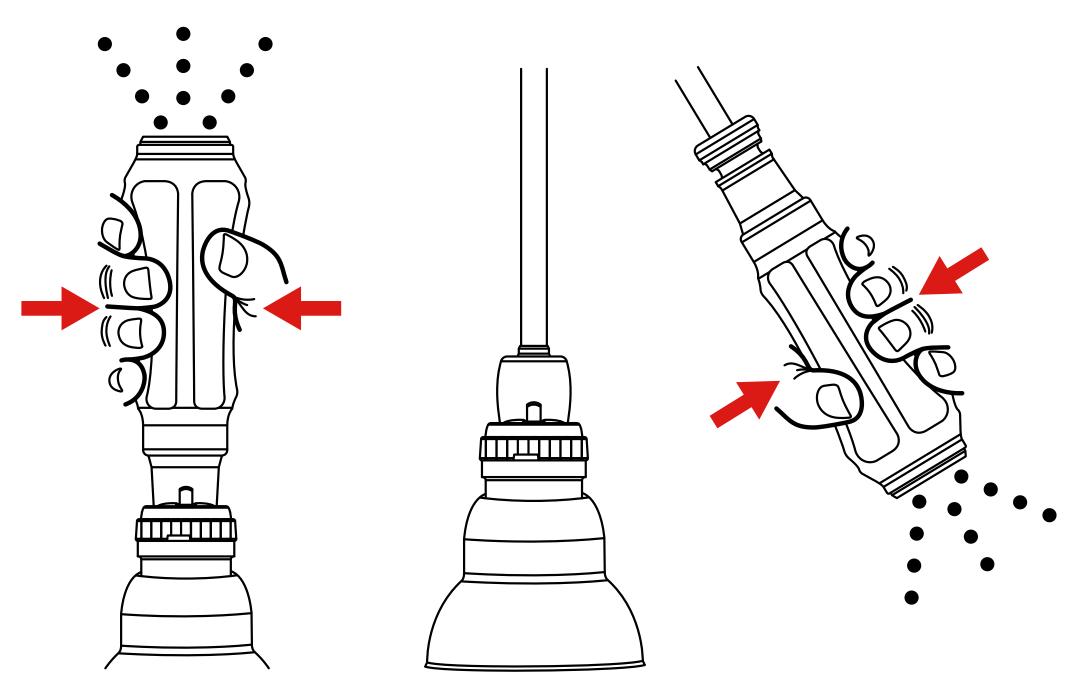


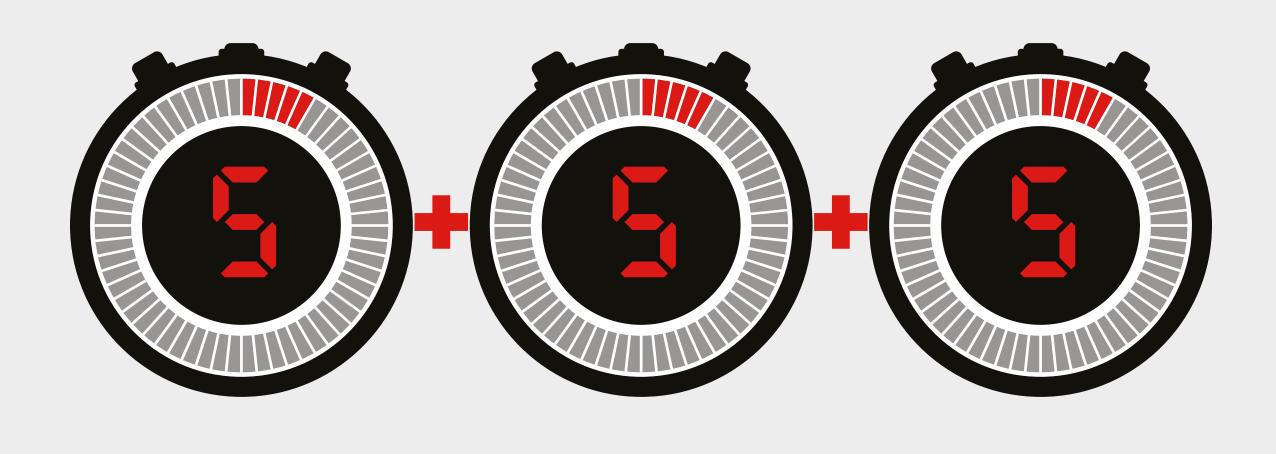


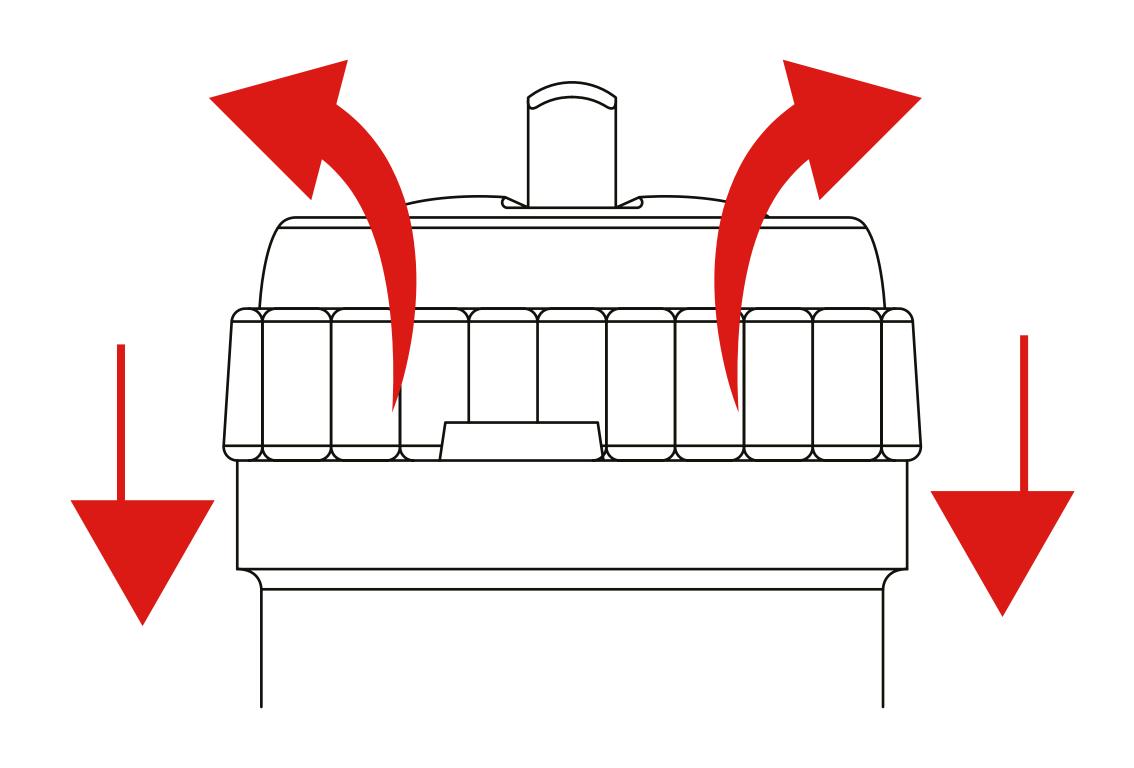












## How to remove the valve cap correctly

Regular use of your hydropump will inevitably lead to the build-up of foreign objects inside the valve, which may result in loss of suction. Regularly removing the valve cap from your hydropump and cleaning thoroughly will prevent any build-up and help to ensure that it functions to its full potential.

When removing your valve cap for cleaning ensure that the screwdriver is twisted and NOT prised.

